



Mill Hill Primary School
Safety in PE and Sport Policy

Coordinator responsible for the policy in consultation with the staff, pupils, parents and governors: PE Coordinator

Reviewed: May 2026

Next Review Date: May 2027

Research continues to demonstrate that high-quality Physical Education (PE), school sport and physical activity contribute not only to the development of physical literacy, but also to improved wellbeing, behaviour, attendance, achievement and personal development. A whole-school commitment to PE and sport supports pupils in developing confidence, resilience, teamwork, leadership and respect, helping to create an inclusive and healthy school community. Participation in regular physical activity also contributes positively to pupils' physical and mental health and supports lifelong healthy lifestyles.

- Safe practice in PE, school sport and physical activity must remain a fundamental aspect of provision across all phases of education and in all settings, including schools, enrichment activities, educational visits, clubs and community sport.
- Schools have a duty to ensure that pupils are appropriately challenged while being supported to recognise, assess and manage risk safely and responsibly.
- Our aim is to develop pupils' competence, confidence and understanding so that they can participate safely in physical activity and make informed decisions that support their own safety and the safety of others.
- Mill Hill Primary is committed to providing an inclusive PE curriculum that enables all pupils, including those with SEND, medical conditions or additional needs, to access high-quality physical activity opportunities with appropriate support and reasonable adjustments where required.
- All PE and sport provision will be delivered in accordance with current safeguarding, health and safety, equality and data protection requirements, including guidance relating to supervision, changing facilities, online safety and the appropriate use of mobile devices and recording equipment.

In line with current national guidance, Mill Hill Primary School follows the latest safe practice recommendations published by the [Association for Physical Education \(AfPE\)](#) for Physical Education, School Sport and Physical Activity.

Our school adopts the current AfPE guidance as the primary reference document for the safe delivery of Physical Education (PE), physical activity and school sport. All staff, governors, coaches, volunteers and external providers involved in the delivery of physical activity are expected to follow this guidance alongside relevant school policies, safeguarding procedures and local authority requirements where applicable. Relevant guidance documents can be accessed through Hampshire Evolve.

Teachers and leaders use the AfPE Safe Practice guidance alongside the school's PE curriculum provision through [The PE Hub](#), which is recognised as an AfPE-approved curriculum provider.

Guidance, Policies and Documents

Establishment Docs	Activity Planning	Advice and Guidance for Off-Site Visits	Checked Activity Providers	DofE
EVOLVE	Forms/Templates	Insurance	Outdoor Learning Resources	PESSPA (PE) Guidance
Directly Delivered Adventurous Activity	Travel / Transport	Visit Planning		